

— ANNUAL FORECAST · SOLAR RETURN

Meghan Markle

your year begins

A comprehensive forecast using 5 methods of predictive astrology

THE NEXT 12 MONTHS

◆ Communication and relationships redefined

◆ Career growth through social networks

◆ Financial expansion with cautious optimism

THE YEAR IN ONE PHRASE

"Communication and relationships redefined · Career growth through social networks · Financial expansion with cautious optimism"

Communication and relationships redefined

Career growth through social networks

Financial expansion with cautious optimism

Inner shift towards curiosity and learning

Preparation and groundwork, not forced change

PERIOD

The next 12 months

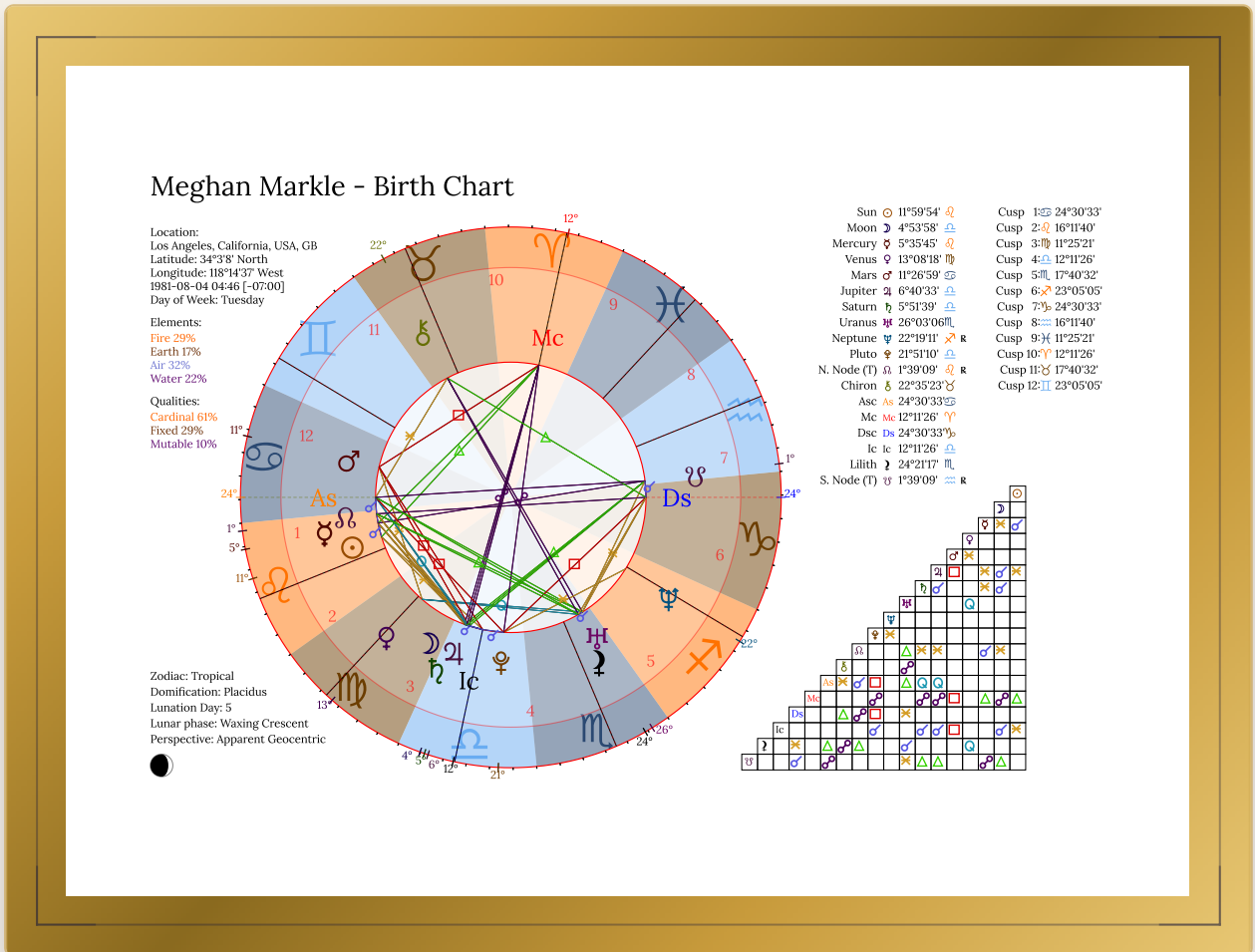
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SOLAR RETURN CHART

Your year ahead



Meghan Markle · The next 12 months

TIMELINE

Month-by-month overview

AUGUST 2026

NEUTRAL

Ideas, social circle, learning

Uranus in your 11th house makes uplifting contacts to your Mercury and Moon, triggering sudden insights and pleasant social surprises. The Sun and Jupiter both energise your 1st house early in the month, so you feel personally expansive. Mars moves into your 2nd house of money, prompting practical action on finances. Step back from impatience in communication; let new ideas settle before broadcasting them. A good time to start a class or join a discussion group.

SEPTEMBER 2026

NEUTRAL

Friendship, career foundations, communication

Uranus retrograde continues to highlight your 11th house, stirring your social circles; you may reconnect with an old friend or find a group project gaining momentum. Saturn, now in your 9th house, opposes your IC — a serious conversation about home, roots, or property is likely. The Saturn-Sun trine from 10th house (later in month) lends professional credibility. Avoid stubbornness in negotiations; use the energy to build structural plans for your public role. Clear communication with family about responsibilities will ease tension.

OCTOBER 2026

HIGH

Finances, creativity, partnership

Jupiter moves into your 2nd house and makes a powerful sextile to Pluto in your 4th, suggesting a positive property-related financial development or family support. Meanwhile, Jupiter squares Uranus and Lilith in your 5th house, so watch for impulsive spending on speculative ventures or romance. The Sun in your 3rd and Pluto trine your Moon deepen emotional conversations. Step back from 'all or nothing' financial risks; use the good aspects for planning, not sudden moves. A creative collaboration could bear fruit if approached realistically.

NOVEMBER 2026

NEUTRAL

Career, money, hidden tensions

Jupiter retrogrades back into your 1st house briefly, temporarily easing the intense focus on finances. Saturn remains in your 9th house, forming an opposition to your natal Jupiter — you may feel mentally stretched or challenged by a legal or educational matter. Pluto continues its trine to your Moon, offering emotional strength through partnership dialogues. Mars in your 2nd house pushes you to earn actively, but Saturn square Mars warns of hidden frustrations; avoid bottling up resentment. Step back from over-promising at work; pace yourself.

DECEMBER 2026

NEUTRAL

Finances, learning, relationships

Jupiter, now retrograde and moving back into your 12th house, turns your attention inward. Its remaining square to Uranus and Lilith suggests financial caution is still needed — resist impulse purchases. Saturn's opposition to your natal Jupiter and Moon in the 3rd house may bring heavy discussions around contracts, studies, or travel. Pluto's opposition to Mercury edges closer, though still at low intensity, so thoughtful communication is king. Use this month for inner reflection and budgeting rather than new external ventures.

JANUARY 2027

NEUTRAL

Relationships, communication, home

Pluto trines your Moon exactly, bringing a wave of emotional clarity within a close partnership; transformative, healing words can be exchanged. Jupiter back in your 2nd house forward momentum will resume soon, but caution lingers. Saturn's opposition to your IC continues to press home-career balance — perhaps a decision about moving or renovating calls for realism. Uranus remains in your 11th, so a friend may offer unexpected help. Step back from power struggles; instead, use the Pluto trine for deep listening.

FEBRUARY 2027

HIGH

Communication intensity, learning, career

Saturn in your 9th house squares your Mars in the 12th, hitting a nerve of hidden frustration. You may feel anger about an unresolved private matter or secret tension at work. Pluto's opposition to your Mercury peaks

MARCH 2027

NEUTRAL

Partnership, self-expression, money

Pluto simultaneously trines your Moon and Jupiter (3rd house) and opposes your Mercury with full strength. Relationships reach a turning point; you can either deepen trust through honesty or descend into control battles.

APRIL 2027

HIGH

Learning, career, emotional transformation

Saturn opposes your natal Jupiter and Saturn in the 3rd house with force — you may feel mentally burdened by educational demands or a publishing project. Neptune's opposition to your Moon strengthens, possibly causing

FORECAST BY AREA

Analysis by area of life

AREA 7

STILLNESS MOVEMENT PEAK

Career gradually moves into a more prominent phase as Saturn enters your 10th house in 2027. Friendships and group projects (11th-house stellium) directly impact your public standing. It's not a year of explosive advancement, but of structuring foundations for later recognition.

AREA 8

STILLNESS MOVEMENT PEAK

Partnership is intensely active: Pluto transforms your 7th house, while the Sun in the 3rd and progressed aspects to the Descendant invite honest dialogue. Emotional healing through conversation is a major theme; power struggles may arise but can lead to deeper trust.

AREA 7

STILLNESS MOVEMENT PEAK

Jupiter in the 2nd house encourages income growth and improved self-worth, but squares to Uranus and Lilith warn against speculative leaps. Sound planning and family-connected resources (sextile Pluto) support a net positive financial year if risks are managed.

AREA 6

STILLNESS MOVEMENT PEAK

Health is relatively stable but vulnerable to stress. Saturn's long square to your Mars in the 12th can manifest as hidden tension or burnout. The progressed Moon into Gemini may heighten nervous energy. Regular rest, breathing exercises, and moderate physical activity are advised.

AREA 7

STILLNESS MOVEMENT PEAK

Home life feels the pressure of Saturn's opposition to your IC (4th house cusp), particularly in late 2026 and early 2027. Decisions around property or family responsibilities need careful, realistic handling. Financial sextiles from Jupiter and Pluto can support home improvements.

AREA 9

STILLNESS MOVEMENT PEAK

Personal growth is the strongest theme. The progressed Moon ingress into Gemini and the 3rd-house Solar Return Sun emphasise learning, communication, and intellectual curiosity. This is a year to absorb new knowledge, heal old mental patterns, and expand your worldview through networking and study.

Power periods

01

WINDOW OF OPPORTUNITY

Clarity and communication

27 August 2026 — 10 September 2026

Mercury leaves its retrograde shadow in Leo. Creative clarity — launch projects, presentations and public appearances

02

WINDOW OF OPPORTUNITY

Structure and achievement

18 October 2026 — 17 November 2026

Saturn turns direct in Aries — a time to realise long-term plans and take career steps

03

WINDOW OF OPPORTUNITY

Growth and expansion

12 November 2026 — 12 December 2026

Jupiter turns direct in Cancer — a window of expansion, luck and new opportunities

04

WINDOW OF OPPORTUNITY

Clarity and communication

15 December 2026 — 29 December 2026

Mercury leaves its retrograde shadow in Sagittarius. Travel and study plans become clear — book, enrol, broaden your horizons

05

WINDOW OF OPPORTUNITY

Clarity and communication

4 April 2027 — 18 April 2027

Mercury leaves its retrograde shadow in Pisces. Intuition is restored — trust your inner voice, creative ideas take shape

Periods of caution

A FIELD OF TRIALS

Mercury retrograde in Leo

18 July 2026 — 11 August 2026

Creative projects stall, presentations fall through – do not launch anything public, refine older work

A FIELD OF TRIALS

Mercury retrograde in Sagittarius

10 November 2026 — 30 November 2026

Travel plans collapse, studies slow down – double-check tickets, visas and schedules

A FIELD OF TRIALS

Mars retrograde in Leo

10 January 2027 — 1 April 2027

Slow your pace, do not start new projects – creative energy is redirected to finishing older work

A FIELD OF TRIALS

Mercury retrograde in Pisces

25 February 2027 — 20 March 2027

Intuition misleads, information gets distorted – do not trust rumours, verify your sources

Introduction



Meghan, your solar year from August 2026 to August 2027 marks a distinct shift. The cycle just ending, with its accent on the seventh and second houses, brought partnership and resources to the fore. As you cross your birthday, the focus tilts towards communication, learning, friendship networks, and a quiet but significant evolution in your public role. The year holds no dramatic directional permissions – no ‘green light’ for fateful external change – but it is rich in inner shifts and subtle reordering. The progressed Moon, about to change sign, and the new Solar Return’s mutable and airy emphasis invite curiosity, variety, and mental refreshment.

Solar Return (ending cycle): trends up to your birthday



Sun in the 7th house of the Solar Return

Until early August 2026, your vitality flows into partnership. You shine through one-to-one interactions, collaborations, and negotiation. This is the year to be seen in the mirror of another – whether in business, love, or contractual ties. The Sun sitting close to the descendant underscores a need for balance between self and other. The fixed Aquarius Ascendant signals that the internal work of the past two years solidifies; you are not starting from scratch but rather consolidating your relational identity.

Moon in Sagittarius, 10th house

Emotionally, you gravitate towards expansion and public meaning. The Moon in an angular house always raises family themes, even when placed in the career sector. You may have felt pulled between domestic responsibilities and professional ambition, seeking a philosophy or long-range plan that honours both. The waxing phase suggests growth – seeds planted mid-cycle are now maturing.

Stellium in the 2nd house: Saturn, Neptune, Chiron

Three planets packed into the second house of money, values, and self-worth set the tone. Saturn here asks for disciplined financial planning and a realistic assessment of what you truly value. Neptune, however, dissolves boundaries: there can be confusion around earnings, or a yearning to earn from spiritual or creative work. Chiron adds a healing dimension – old wounds

around 'enoughness' may surface, asking you to separate your worth from your income. Together, they push you to redefine security on your own terms.

Angular projections: partnership and home

Solar Return Ascendant falls in your natal 7th house – the year's personal effort is channelled into partnership. The Midheaven projects onto natal 5th house, so career progress links to creativity, children, or public projects. The IC in the natal 11th house gestures towards home and roots supported by friends or group endeavours.

What to do:

- ◆ Use the remaining months of this cycle to finalise any agreements or relationship renegotiations.
- ◆ Audit your finances with Saturn's sober eye and Neptune's intuitive check: what is illusory, what is solid?
- ◆ Invest time in creative or entrepreneurial projects that may later boost your public standing.

Solar Return (new cycle): August 2026 – August 2027



Sun in the 3rd house

As the new Solar year begins, your core energy moves into the 3rd house. This is a year for communication, learning, short journeys, and connections with siblings or close neighbours. You will likely be busier than ever with writing, speaking, or teaching. The mutable Gemini Ascendant adds adaptability – you are finishing old cycles and responding to what appears, rather than rigidly pushing forward. The Sun's house also activates the 3-9 axis: your mind expands, whether through formal study, a new philosophy, or frequent travel.

Moon in Aries, 11th house — emotional weather of the year

Your inner world is coloured by a need for independence, courage, and pioneering within groups. The Moon in Aries is bold and direct; you will feel restless in any situation that confines your voice. This is the first emotional response of the year, and because it lands in the 11th house, friendships and communities become your emotional arena. Note: Aries is the sign opposite your natal Moon in Libra – this is a year of particular emotional sensitivity. You may react in ways that feel alien to your usual diplomatic self. Allow the unfamiliar; it brings growth.

Stellium in the 11th: Moon, Saturn, Neptune

Three planets gathering in the 11th house makes this the single most emphasised area. The Moon pulls your emotions into social circles; Saturn demands structure and responsibility within those groups – you may take on a leadership role or feel the weight of collective expectations. Neptune can either inspire a shared dream or create confusion around who you

truly trust. The blend calls for discernment. It also connects directly to your natal 10th house, where this stellium projects: friendships and networks become the vehicle for career recognition and public purpose.

Axis qualities and angular projections

The Gemini Ascendant (mutable) on the 1-7 axis indicates a year of completions and adaptation in personal matters. The 4-10 axis (social, career) is fixed – here you are solidifying. Solar Return IC lands in natal 2nd, so home and family matters will touch finances. The MC projects to natal 8th, meaning your career or public status may undergo a quiet transformation, perhaps through shared resources, sponsorship, or closure of old roles.

Key conjunctions and retrogrades

- ◆ Mercury retrograde in the Solar Return (6th house) hints that work routines and health matters call for revision and refinement, not new starts.
- ◆ Jupiter conjunct the 6th house cusp expands daily work possibilities.
- ◆ Mars in Virgo, 8th house: energy goes into joint finances, psychological depth, and healing.

What to do:

- ◆ Lean into writing, courses, and networking – the 3rd and 11th houses reward active mental and social engagement.
- ◆ Build a structured plan for group projects (Saturn) but stay flexible with Neptune's fog; clarify agreements.
- ◆ Since the Moon is antagonistic, practise patience with your own emotional reactions; journaling can help.

Directions



*T*here are no active directional formulas at your current age. This means the year lacks a ‘green light’ for major external events. Without directional permission, even dramatic transits rarely produce life-altering events. Instead, the year is one of preparation and accumulation. Use this quieter tempo for inner work, planning, and laying foundations that will bear fruit once directions do activate. The absence of fateful pressure is a gift — you are not being pushed; you are choosing.

Progressions



Progressed Moon: from Taurus 10th to Gemini 11th (INGRESS)

Your progressed Moon has been travelling through Taurus and your natal 10th house, bringing emotional steadiness and a desire for tangible security in your public life. You've been building, taking things slowly, and valuing what lasts.

As the year progresses — likely in the autumn or winter — the Moon will ingress into Gemini and your natal 11th house. This is the biggest inner event of the year. The emotional weather shifts from earthy patience to curiosity, mental alertness, and a need for variety. Friendships and social interaction become your emotional fuel. You may feel more talkative, eager to learn new things, and less content with routine. This ingress can feel like a gentle but persistent restlessness; honour the need for stimulation without scattering your energy.

Progressed Sun aspects

- ◆ Trine to your Descendant (within 1°): For several years, your inner identity is aligning with partnership. You are naturally ready to relate, to compromise, and to shine through collaboration. This aspect softens any tendency to isolation; you find yourself drawn into meaningful one-to-one connections.
- ◆ Square to natal Neptune (long-term): This long aspect (about 6 years) adds a layer of confusion or idealism to your creative projects and love affairs. The 5th house themes may feel hazy — inspiration is high, but practical follow-through can wobble. Keep a grounded friend or mentor to reality-check.
- ◆ Trine to natal Chiron (also long-term): Healing flows into your 11th house. Friendships, group work, or social causes can be profoundly restorative. Don't underestimate the therapeutic power of a supportive community.

What to do:

- ◆ Embrace the Moon ingress: schedule short courses, join discussion groups, and allow your social calendar to fill.
- ◆ Use the Descendant trine to deepen a key partnership — whether personal or professional — through honest dialogue.
- ◆ Be alert to Neptune's square: double-check any creative contracts or romantic promises.

Eclipses



No eclipses will touch sensitive points in your natal chart this solar year. You are largely exempt from karmic tectonic shifts. This does not mean nothing happens; it means events are more within your control and less driven by fated correction. You can move forward with clearer personal agency.

Transits



Pluto in Aquarius, natal 7th house (trine Moon, opposition Mercury)

Pluto's slow trek through your partnership house is the background transformation of the decade. This year, it forms a trine to your Libra Moon in the 3rd house, exact across several months (notably March–April and July). Deep, healing conversations emerge in close relationships. You may uncover hidden feelings and unspoken truths with a partner or collaborator. The trine supports emotional empowerment through dialogue.

Simultaneously, Pluto opposes your natal Mercury (1st house) from February to May, peaking in April and May. This can feel like mental pressure — power struggles over ideas, someone challenging your opinions, or an internal crisis of how you express yourself. The constructive path: speak your truth without needing to win. The difficult path: obsessive thinking, verbal manipulation, or feeling silenced. The trine to Moon softens the blow, offering emotional resilience.

Saturn: from natal 9th into 10th

At the start of the solar year, Saturn is in your 9th house of travel, higher education, publishing, and beliefs. It forms a long opposition to your natal Moon, Jupiter, and Saturn (the 3rd house stellium), peaking in January–April 2027. This can bring serious discussions about worldviews, legal matters, or educational plans. You may feel mentally weighed down or encounter obstacles in publishing. The constructive side: finishing a major writing project, gaining a qualification, or setting firmer belief structures.

By late May or June 2027, Saturn crosses into your natal 10th house of career and public status. The tone shifts: professional responsibilities increase, you may take on a mentoring role, or face

public scrutiny. Saturn's square to your natal Mars (12th house) later in the year warns of hidden frustrations – unexpressed anger, workplace tensions, or a need to manage your energy carefully. This transit asks you to build a solid reputation step by step.

Uranus in natal 11th (trine Moon, sextile Mercury)

Uranus spends the year in your 11th house, trining your Moon (exact from May 2027 onward) and sextiling Mercury. Expect sudden insights, new technology, or unexpected friendships that feel electric. Your communication style may become bolder, more innovative. Social groups may change quickly; you could be drawn to activist causes or avant-garde circles. Uranus trine Moon is emotionally liberating – it breaks old emotional patterns through friendship and group energy.

Neptune in natal 9th (opposition Moon, Jupiter, Saturn)

Neptune remains in your 9th house, continuing its long opposition to the 3rd house stellium. This can generate confusion in learning, travel plans, or dealings with foreign cultures. On the positive side, it infuses your communication with poetic imagination and spiritual depth. Watch for over-idealising a teacher, guru, or belief system. Saturn's presence in the 9th (until spring 2027) helps ground these Neptunian fogs, but the Saturn-Neptune combination in transit (they are conjunct in the sky) blurs the line between discipline and delusion. Be meticulous with contracts and academic details.

Jupiter: from 12th to 2nd house

Jupiter enters your natal 2nd house of money and self-worth in the autumn of 2026 and stays for much of the year (retrograde from December 2026 to March 2027 will take it back briefly into 12th/1st). This transit expands your financial possibilities. You may receive a new income stream, increase your assets, or simply feel more abundant. Squares to Uranus and Lilith in your 5th house (exact in October-December 2026) caution against sudden speculative risks or impulsive romantic spending. The constructive route: invest in unconventional projects that also bring joy, but with a clear risk limit. The sextile to Pluto in your 4th house (January-February 2027) supports property improvements or family-backed financial decisions.

Date windows, not dates

All slow-planet influences unfold over weeks and months. For instance, Pluto's opposition to Mercury is active between February and May 2027, with the most intensity in April. Jupiter's square to Uranus lingers from October to December 2026. Use these windows as guides rather than pinning expectations on a single day.

What to do during transits:

- ◆ During Pluto trine Moon: schedule honest conversations; listen to what a partner or close friend reflects back about your communication style.
- ◆ When Saturn enters 10th: begin building a long-term career strategy; accept more responsibility gradually.
- ◆ Under Jupiter in 2nd square Uranus: enjoy financial windfalls but keep a conservative slice; do not let sudden excitement override your common sense.

- ◆ During Uranus trine Moon: experiment with new social platforms, join a group that stimulates your mind, and let friendships surprise you.

Health



Health indicators are mild but present. The Solar Return's Mercury retrograde in the 6th house suggests the year, especially early on, favours revising health routines rather than launching drastic diets. Saturn's square to your natal Mars (in the 12th house) can manifest as hidden stress, low-grade inflammation, or burnout if you neglect rest. The progressed Moon ingress into Gemini may increase nervous energy, possibly disrupting sleep. Pay particular attention to your respiratory and nervous systems around May-June 2027, when Saturn squares Mars and Neptune opposes your Moon closely. Advice: maintain a gentle exercise rhythm, avoid over-scheduling, and consider mindfulness or breathing practises to anchor Gemini's mental quickness.

The year's main themes



- 01 **Communication and relationships redefined** — The Solar Return Sun in the 3rd house, the Pluto-Moon trine, and the progressed Moon ingress into Gemini coincide to make connection through words the heartbeat of the year. Your relationships, particularly partnerships, transform through deeper and more authentic conversation.
- 02 **Career through community** — The 11th-house stellium projecting onto your natal 10th, plus Saturn's eventual move into that career house, means your professional path becomes intertwined with networks, group projects, and collective responsibility. Friendships become stepping-stones.
- 03 **Financial expansion with careful edges** — Jupiter's lengthy stay in the 2nd house, its aspects to Uranus and Pluto, and the previous cycle's financial focus suggest an opportunity to increase self-worth and income — provided you balance risk and avoid get-rich-quick impulses.
- 04 **Inner shift towards curiosity** — The progressed Moon changing sign and the Solar Return's mutable emphasis herald a renewed hunger for learning, travel, and mental variety. You will feel drawn to short courses, writing, and lively discussion.

05 **Preparing the ground, not forcing events** – The absence of directions reminds you that this is a year to build foundations, reflect, and rest internally, so that when fateful permissions arrive down the road, you are ready.

Recommendations



- ◆ In autumn 2026, use the Jupiter in 2nd energy to reassess your income streams; draft a financial plan that accommodates both growth and a safety cushion.
- ◆ When Saturn enters your 10th house next spring, accept that career recognition will come with extra responsibility – choose one project to steward with patience.
- ◆ Honour the progressed Moon ingress by enrolling in a class, joining a book club, or starting a writing routine; feed your need for mental variety.
- ◆ Throughout Pluto's opposition to Mercury, practise pausing before speaking in charged conversations; let clarity prevail over the urge to win.
- ◆ Monitor your stress levels around Saturn-Mars squares: build regular downtime into your calendar, and don't overlook the restorative power of solitude.

Challenge and opportunity

CHALLENGE OF THE YEAR

The absence of directional permissions and a mutable, nervous energy risk scattering your attention. Balancing a craving for variety with the need to complete existing commitments — especially as the progressed Moon demands new mental stimulation — could lead to feeling spread thin. Power struggles in close relationships, if met with defensiveness, may obscure the deeper healing Pluto offers.

OPPORTUNITY OF THE YEAR

This year gifts you a quiet interval to realign your communication, deepen friendships, and restructure your career strategy without external crisis. The progressed Moon's leap into Gemini, fused with Jupiter's expansion in your money house, creates a platform for turning ideas into tangible assets. Friendships become not just social nourishment but active pathways to professional growth.

Recommendations for the year

01 Use the autumn of 2026 to revise your budget and establish a diversified financial plan; Jupiter in your 2nd house rewards thoughtful expansion, not speculation.

02 When Saturn enters your 10th house in spring 2027, commit to one long-term career project and avoid scattering your energy across too many public roles.

03 Feed the progressed Moon's ingress into Gemini by enrolling in a short course, starting a writing practise, or organising a regular discussion group.

04 During Pluto's opposition to Mercury (February–May 2027), practise pausing before you speak in charged exchanges; clarity and compassion will transform relationships more than winning an argument.

05 Protect your health as Saturn squares Mars by scheduling mandatory downtime and gentle physical activity; the tension of this transit, if ignored, can manifest as exhaustion or low-grade inflammation.

CONTINUING THE JOURNEY

What can deepen your year

Your annual forecast gives you a map of events. These products reveal individual areas in more depth – point your camera at the code to open one.

A MAP OF YOUR CASH FLOW

Financial analysis

Which houses and planets are responsible for your money, through which channels it comes to you and...

POINT YOUR CAMERA AT THE CODE →



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A DANCE OF TWO PLANETS

Compatibility

Synastry with your partner shows the zones of attraction and tension, the couple's points of growth and how t...

POINT YOUR CAMERA AT THE CODE →



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HARMONISING YOUR CHART

Personal compensation

Stones, colours, practices and creativity – a personalised plan that softens the tense aspects of your...

POINT YOUR CAMERA AT THE CODE →



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A PATH TO THE CENTRE

Ignite Your Sun

How to activate your natal Sun, unlock your main talent and reach your own fulfilment through action.

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A DAILY GUIDE

Daily forecast

A personalised forecast for each day based on transits: the day's energy, the best hours and what is worth...

POINT YOUR CAMERA AT THE CODE →



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YOUR STARRY SIGNATURE

Natal chart

A full interpretation of your natal chart – the foundation on which all annual and monthly forecasts rest.

POINT YOUR CAMERA AT THE CODE →



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A JOURNAL FOR REFLECTION

My observations

*Come back to these questions every few months – your answers will show
how your year is unfolding.*

WHAT I WANT TO ACHIEVE THIS YEAR:

THE MAIN TRANSFORMATION THAT HAS ALREADY BEGUN:

MY CHALLENGE OF THE YEAR — HOW I AM WORKING WITH IT:

MY OPPORTUNITY OF THE YEAR — HOW I AM REALISING IT:

Practices of the year

Mark which months you devoted to each practice – and watch how your energy changes.

| Practice | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|---------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Track the influence of transits | | | | | | | | | | | | |
| Meditation / energy work | | | | | | | | | | | | |
| Record dreams and insights | | | | | | | | | | | | |
| Weekly reflection | | | | | | | | | | | | |
| Physical practice | | | | | | | | | | | | |
| Gratitude and intentions | | | | | | | | | | | | |

◆ Practice ideas for your year

- During "power periods" – launch important undertakings and bold decisions
- During "periods of caution" – review, finish things off, do not start anything new
- Once a season, return to the reflection journal and note the changes



*This year-ahead forecast was created especially for you, based
on your exact birth chart.*

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